



MAY 4, 2016

RITUALS AND ROUTINES

5th Annual Transitional Kindergarten Conference

Sheraton Grand Sacramento Hotel



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Welcome and Connector

Connector

1. Consider a routine that you do every day.
 - What is it?
 - How did it become a routine?
 - Why do you do it?
 - How do you feel when you do it?
 - How do you feel when you don't do it
2. Share your routine with an elbow partner.



Overview

Outcomes

Participants will:

- Understand the value of implementing meaningful routines and rituals throughout the TK day
- Investigate the ways in which we implement rituals and routines to support social emotional development
- Expand their toolkit of rituals and routine strategies

Agenda:

- Welcome & Connector
- Overview and Outcomes
- Rituals and Routines- What & Why
- Making Routines Stick
- Children that Struggle
- Closing & Reflection

Collaborative Norms:

- Equity of Voice
- Active Listening
- Respect for All Perspectives
- Safety and Confidentiality
- Self-Monitor Use of Electronics

“Ensuring that every child feels a sense of security and belonging within the school enables each child to accept and participate actively in transforming situations that are part of learning experiences.”

-Loris Malaguzzi

Rituals and Routines...

- Create a supportive learning environment
- Foster a sense of community
- Help to navigate change
- Impart a sense of identity
- Create bonds and build relationships
- Connect to the students' cultures

<h2>Routines</h2>	<h2>Rituals</h2>
<p>Repeated, predictable, daily events that help a child know the order of their day.</p> <ul style="list-style-type: none">• Morning Greeting• Lunch	<p>Intentional ways of approaching a routine to make it meaningful and individualized.</p> <ul style="list-style-type: none">• Each child chooses their greeting• Special lunchtime questions

Routines to Rituals Activity

Step 1

- Go to one of the charts.
- Work with each other to choose 3 routines (Consider the smaller routines that occur within the big chunks.)
- Write down the rituals you use during these routines.

Arrival

Breakfast

Whole Group

Small Group

Choice/Play

Clean-Up Time

Bathroom

Recess

Snack Time

Going Places

Lunch Room

End of the Day

Step 2

- Gallery Walk: move around the room to see the routines & rituals others have shared.
- Ask any clarifying questions

Step 3

- Individual Quick Write:
 - What stood out to you?
 - What do you want to try?

Making Rituals & Routines Stick

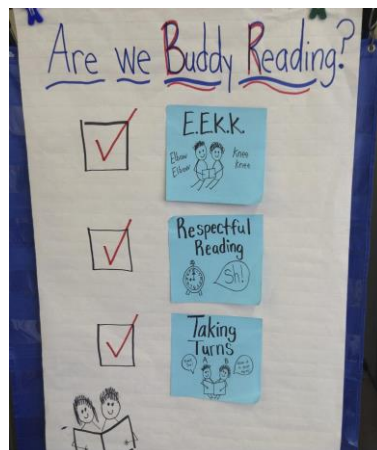
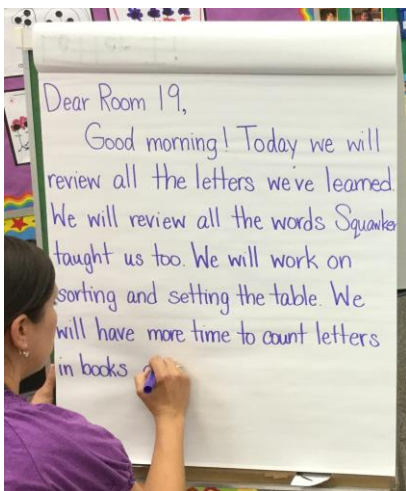
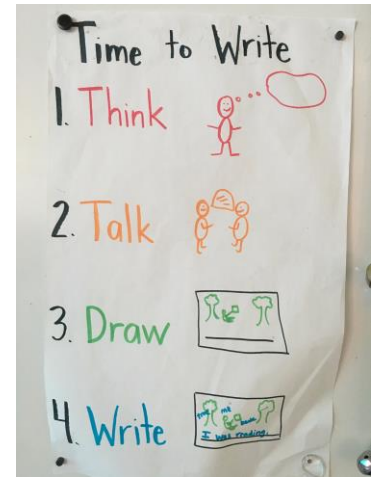
IF YOU WANT IT- TEACH IT

- Break it down
- Show it
- Practice it
- Maintain it



Re-enforce your routines & rituals with:

- Charts
- Class Books
- Songs & Chants
- Call & Response
- Visual Schedules



Adding a Song to a Routine

IN YOUR GROUPS:

First:

Decide on a routine you want to make stick by adding some music

Next:

Pick a tune everyone knows-

- The Farmer in the Dell
- Wheels on the Bus
- Twinkle Twinkle
- Where is Thumbkin...

Then:

Think about what you would want to say (sing) to support the children to remember the routine.

Finally:

Practice and Share

Supporting Children who Struggle with Routines

- Understand why a child is struggling
- Connect with the family
- Individualize the routine (Create a ritual)
- Don't give up

Possible Rituals to Support the Routines

- Create a special job
- Give a visual warning before a transition
- Sing a special song
- Read a letter from home



Reflection and Closure

Reflect

“In the external scheme of things, shining moments are as brief as the twinkling of an eye, yet such twinklings are what eternity is made of.”

-Fred Rogers

What are you thinking?

What are you feeling?

What do you plan to do?



Thank you
For More Information

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